



We hope you enjoyed last month's newsletter and we value your comments, thoughts and suggestions. We are entering that really busy time of year. But if you can find a few hours to donate in an area where you can be a "NFAA Shining Star" please let us know. Play to your strengths!

For NFAA information contact Mary Cox at yescot@gmail.com or 904-384-7268

For newsletter information or to place an ad contact Duffy McCoy at duffymccoy@comcast.net or 904-219-9781

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## ELEMENTS & QUALITIES IN ASTROLOGY

### ELEMENTS & QUALITIES IN ASTROLOGY Sixth in a Series of Seven Shared by Duffy McCoy

Two of the many fascinating layers of astrology are elements and qualities. The elements are **Fire** (Aries, Leo, Sagittarius), **Earth** (Taurus, Virgo, Capricorn), **Air** (Gemini, Libra, Aquarius) and **Water** (Cancer, Scorpio, Pisces). The qualities are **Cardinal** (Aries, Cancer, Libra, Capricorn), **Fixed** (Taurus, Leo, Scorpio, Aquarius) and **Mutable** (Gemini, Virgo, Sagittarius, Pisces) are the quali-

ties. Balance is a place we all seek, but what do you do if you have more water signs than any other element or you have no Earth. This is the sixth in a series of seven articles that will assist you in reaching your balance point.

There are three qualities and this article is about the **Fixed** quality. The fixed houses are the 2nd, Fifth, Eighth, and eleventh. If a chart, whether it is yours or one you are reading, has a heavy load

in any of these houses it tilts the energy toward fixity. Those with a strong fixed quality have a straight forward attitude. Calmly working, achieving goals, confident, and powerful are ways to describe them. They may appear stubborn, my way is the only way. They can believe they are always right. Perhaps if you need someone on your team to make sure things get done you may look at their qualities and look for a **FIXED QUALITY!**

## COMET ISON

The sky is falling, the sky is falling. Not really, but Comet Ison will try and make a grand entrance this December, 2013. The word "try" is the key word. Comet Ison is on its way toward the Sun and if it survives this part of the journey, then we will have a dramatic celestial Christmas display. Comet Ison, like many long-period comets, started from the Oort Cloud, the outer boundary of the solar system.

Historically, comets have been viewed as harbingers of doom. We are all grown up now (tee-hee) and realize the true nature of comets. Comets are visually spectacular. Comet Kohoutek in the 1970's gave us the perfect 16 year old Master (somewhat of a dud of a perfect Master). Halley's comet gave us Mark Twain's birth and death, and was seen in the Battle of Hastings in 1066. The book is still out on what Comet Ison promises. Peace, Coleman

**NFAA**

meets the  
4th Tuesday  
of every  
month  
except  
December.  
The meet-  
ings are at  
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**7 PM**

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**OCTOBER MEETING 2013**

Jessica Liddell was our guest speaker for October's meeting. She is a soap maker from Jacksonville. Her goal is to make soaps as close to Earth as possible using natural ingredients. She primarily uses coconut oil and olive oil in her soaps to limit allergic reactions. Jessica is an entrepreneur and a student working her way through college on her journey to earning a degree in Journalism. If you missed the opportunity to buy her products you can do so at Soap Bomb, on Etsy.com the homemade village store. I plan on ordering the margarita lip bomb for Christmas gifts! Thank you Jessica.

Please join us  
this month  
**Tuesday  
November 26**  
at  
**7 PM**  
for more  
**Fun  
and  
Learning!**

**CURRENT PLANETARY POSITIONS**

**Custom Planetary Posi-  
tions  
November 01, 2013  
12:00 am GMT  
Zodiac: Tropical  
(Standard Western)**

**Please note this is GMT!**

[www.currentplanetarypositions.com/](http://www.currentplanetarypositions.com/)

**TOTAL ECLIPSE**

**NOV. 3rd 2013**

On November 3rd, 2013, there will be a total eclipse of the Sun. This magnificent celestial phenomenon occurs when the Sun and Moon are conjunct (0 degrees) and they are near the North or South node. This particular eclipse is in Scorpio, near the planet Saturn. Sounds rather ominous, but we all well know that the positive manifestation of commitment-oriented Saturn in powerful Scorpio produces an opportunity for all of us to renew and clearly define our own responsibilities. We should have more focus and deeper insight into our own psyche. In Jacksonville, the eclipse is in the 12th house, the house of intuition and psychic receptivity. This position intensifies our need for compassion and spiritual ideals. Peace, Colman

**Sun:** 08 Scorpio 44  
**Moon:** 06 Libra 25  
**Mercury:** 10 Scorpio 40 Rx  
**Venus:** 25 Sagittarius 42  
**Mars:** 09 Virgo 44  
**Jupiter:** 20 Cancer 27  
**Saturn:** 13 Scorpio 35  
**Uranus:** 09 Aries 27 Rx  
**Neptune:** 02 Pisces 37 Rx  
**Pluto:** 09 Capricorn 25  
**Chiron:** 09 Pisces 17 Rx



# COLEMAN SMITH NFAA Astrologer

## Saturn

One of the most misunderstood planets is Saturn, the planet of structure, limitation, and delay. Saturn transits can seem to be harsh. We all like “riding high in April”, the good times of Jupiter and Venus, but the “shot down in May” part (Saturn) of life isn’t that much fun. Saturn is time and matter, dealing with boundaries and commitments. Saturn brings discipline and order, rules and regulations, responsibilities and lessons to be learned. None of these things sound like much fun. But here’s the rub. Saturn brings wisdom, indeed, the wisdom of the ages. Saturn transits motivates us to do spring cleaning in whatever house it is transiting. Although Saturn initially seems to frustrate our endeavors, the long range plans of the Saturnian experience generally works out better for everyone. Saturn brings definition and understanding to any situation. When you are about 29 and 58-59 years old, you will have a Saturn return, when Saturn comes back to where it was when you were born. This usually is a growing up period in your life. The belief systems and friends you once enjoyed no longer appeal to you. you want to do more, be more. This is Saturn. There can be struggle, stress, and strain, but the end result is so rewarding. When reviewing your life, it is not the accomplishment of being on the mountaintop that you remember, but the climb to get there is more meaningful.

### COLEMAN’S Q & A



**Q:** If you could only monitor 3 planets, which 3 would you choose?

**A:** First, I would demand a recount and choose all of the planets. Most people would choose the Sun and Moon right off the bat. Following the Sun and Moon around your natal chart gives you a ton of personal information into the energies for the day and month. The Sun is our life purpose, our ego, the part of us that says “I am”. The Moon indicates our past, our habits, security issues, and our needs. The Sun and Moon in their daily and monthly orbits are the focus of our identity (Sun) and the subconscious responses (Moon) that help determine our focus for the moment. Now the crucial choice of the 3rd planet. Would I choose Venus, the avatar of love interests, money, and pleasure? Jupiter, the planet of abundance, expansion, and luck would be another choice. Not many would choose restrictive Saturn, transformational Pluto, dreamy Neptune, unpredictable Uranus, or even curious Mercury. My choice is---Venus. Give me some love and mon-

*DAYLIGHT  
SAVINGS  
TIME ENDS  
NOVEMBER  
3RD  
at  
2am*

### NFAA GIFT CERTIFICATES AVAILABLE

Only 54 days until Christmas.

Gift Certificates and

Astrological Reports are available.

Contact Mary Cox at

904-384-7268 or

yesccot@hotmail.com

### LUNAR PHASES

**New Moon:** November 3rd 4:58 am

Total Solar Eclipse on November 3rd is visible in parts of the Americas, the Atlantic, southern Europe and most of Africa.

**First Quarter:** November 9th 9:57pm

**Full Moon:** November 17th 7:16 am

**Last Quarter:** November 25th 11:28 am

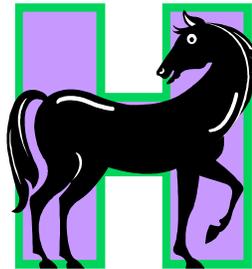


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